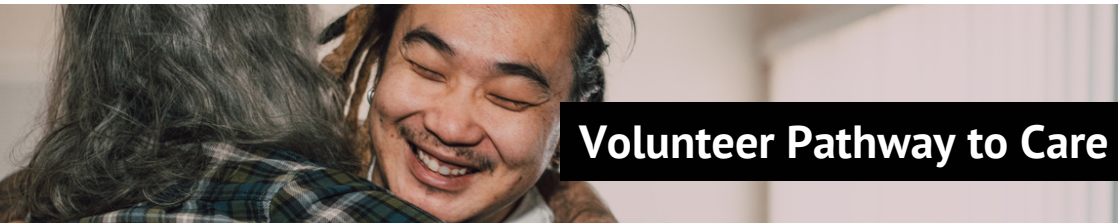


SKILLS CONNECT



Volunteer Pathway to Care

This course is aimed at peer support volunteers and wider voluntary workers in the Health and Care Sector looking to improve self-development and employability skills to apply for paid peer support opportunities. This can include those who have previously held volunteering roles and are looking to further develop their skills to apply for apprenticeships, full time paid positions and other volunteering experiences.

Course Overview

Developing transferable professionalism within Health and Social Care

- Time Management
- The Performance Equation and productivity in the workplace
- Basic Project Management Skills
- Introduction to Research skills

CV and Application writing for support social care and mental health roles

- Powerful Language and Action words
- Creating a Life CV (for yourself and supporting Boost service users)
- Creating a Skills based CV
- CAR and STAR technique

Developing your online presence as a Peer Support Worker

- Understanding and utilising LinkedIn for Career development
- Social media and Mental Health awareness

Barriers to Career Development

- Barriers to Employment and Career Success
- Personal SWOT Profiling
- Job loss and mental health post COVID-19

Career Decision Making

- Factors influencing decisions
- Disability confident employers
- Career Values
- Career decision making theories (how to identify and mindfully use)
- Smarter action planning for next steps

If you are interested in this course, [please complete the contact form](#). It will take around 2 minutes to complete.